

In Hospital Infantil Niño Jesús is the first Care Unit for Pediatric Patients with Inflammatory Bowel Disease (IBD) recognized nationally by Ad Qualitatem Foundation and the National Working Group on Inflammatory Bowel Disease (GETECCU) in 2017 and reaccredited in June 2020 and March 2023, with the rating of Excellent.

The objective of this Unit is to provide personalized and constant care to achieve adequate control of the disease and impacts as little as possible on the lives of our patients and their families. Coordinating the assessment of these patients by all the specialists required (Rheumatology, Dermatology, Psychiatry/Psychology, Endocrinology, Gynecology and many others) is one of the cardinal points of our assistance, as we are aware of the importance of the multidisciplinary approach.

We have **outpatient hospitalization** where treatments are administered, as well as an e-mail and a telephone that allows IBD patients or their relatives to contact us at any time to report any incident and/or ask any questions.

To carry out this activity, a team of doctors, formed by Dr. Velasco and Dr. Palomino, and nursing staff specially trained in this field, are in continuous updating of their knowledge and very involved in this area research. In the monographic visits of inflammatory bowel disease, patients are evaluated by their referring physician and the specialist nurse, as well as by the rest of the professionals they need.

On the other hand, we have clearly established and agreed protocols with the Emergency Department so that, in the case of requiring this urgent care, certain important aspects of our patients and their pathology are assessed, in order to offer specialized assistance 24 hours a day, 365 days a year.

In order to improve the follow-up of our patients, in addition to the previously mentioned resources, we have other resources that we find interesting:

- Welcome guide for patients with inflammatory bowel disease : It is given to all patients who become part of our Unit, either because they have been recently diagnosed or because they have been referred from other centers.
- Dietician specialized in inflammatory bowel disease, Crohn's disease exclusion diet and reintroduction of food after exclusive enteral nutrition.
- miEII-PED application designed for pediatric IBD patients and their families by our team. Available on IOS and Android .
- Both Unit physicians and specialized nurses are part of the Educainflamatoria Network of GETECCU and GETEII respectively, where you can find complete, adapted and truthful information for patients about IBD: <https://educainflamatoria.com>.

In line with this personalized follow-up and adapted to each patient, we accompany them in the different stages of their lives and, when they reach adolescence, the Transition Consultations are initiated with the staff of the Hospital Universitario La Princesa (HULP). These transition consultations consist of the patient being evaluated jointly by both our team and the HULP staff who will follow him/her later, in order to establish a previous relationship. This visits allow the doctors who will follow them there know our patients

and their clinical history perfectly well, and viceversa, when our patients have to be transferred to the adult hospital.

The HULP Inflammatory Disease Unit seems to us to be an ideal place for our patients to continue their journey. The doctors who are in charge, Dr. Javier Pérez-Gisbert and Dr. María Chaparro, are a national reference in the field of this pathology.

They have a web page where you can consult part of their activity:
<https://www.eiilaprincesa.org>